

Questions To Ask Your Doctor

What is my viral load and CD4 count? Why are these numbers important?

What does it mean to be “undetectable”?

Which HIV meds may help reduce my chances of developing HIV drug resistance?

I am concerned about resistance. How can I stay on track with my meds?

Why do I have to keep taking my HIV meds if I feel better?

How will my HIV meds be affected by other medications I am taking? Does it matter if I am taking over-the-counter medications or herbal supplements?

If I have a history of depression, how can I manage this while taking HIV meds?

If my partner is also HIV+, can we have unprotected sex? What if my partner is HIV-? What if I'm "undetectable"?

I am concerned about my body changing when I start taking HIV meds. What can I expect?

If I have another STD, or I am co-infected with Hepatitis B or C, how will this affect my HIV treatment?

If I use street drugs and/or alcohol, how will this affect my treatment?

Additional Questions For Women to Ask

I am pregnant or may want to have a baby. Are there HIV meds I can take while I'm pregnant?

Can I protect my baby from getting HIV?

An Additional Question for Men Who Have Sex With Men (MSM) To Ask

Am I at risk for developing anal cancer? How can I reduce this risk?
